

TO:

FROM:



SPRING DIFFUSER RECIPES

Subtly Spring

3 Lavender
3 Bergamot

Breath of Fresh Air

3 Lavender
3 Lemon
3 Peppermint

Sunny Day

4 Orange
2 Ylang Ylang
3 Bergamot

Spring Renewal

3 Lavender
3 Grapefruit
3 Ylang Ylang

Just Breathe

3 Lemongrass
3 Lavender
3 Eucalyptus

Spring In the Air

3 Lavender
3 Cedarwood
2 Tangerine

Spring Breeze

3 Geranium
3 Lemon
2 Orange

Welcome Spring

3 Geranium
5 Lemon
3 Grapefruit

Spring Rain

3 RC
3 Lemon

Puddle Jumping

3 Peppermint
6 Stress Away

Spring Cleaning

3 Thieves
3 Lemon

Spring Flowers

3 Purification
3 Lavender

SPRING WELLNESS TIPS

BREATHE better with:

Breathe Again Roll On: Supports respiratory function and lung health. Apply generously to chest.

BOOST Immunity & Energy with:

Ningxia Red: A whole-body nutrient infusion supplement for health & wellness support. Formulated with wolf berries to support normal cellular function.

SOOTHE Injuries with:

Cool Azul Pain Relief Cream: Methyl salicylate helps alleviate pain deep in the muscles and joints.

SPRING CLEANING MADE EASIER:

Thieves Household Cleaner



- **Non-toxic all-purpose cleaner** that can be used on any surface for dusting, scrubbing, spot cleaning, and any other cleaning need
- **Deep cleaning power** without dangerous or synthetic ingredients
- **Safe** to use around kids and pets!!
- **University tested** a 99.96% kill rate against bacteria and 97.27% effective in eliminating all species of mold!

Savvy Minerals by Young Living provides women with cosmetics that empower them in their own unique and natural beauty.

~Confidence without compromise~

SAVVY MINERALS Premium Starter Kit



includes:

- | | |
|----------------------------|------------------------|
| 1 FOUNDATION | 1 BLUSH |
| 1 LIP GLOSS | 3 EYE SHADOWS |
| FOUNDATION BRUSH | MISTING SPRAY |
| 5ML LAVENDER ESSENTIAL OIL | INTRO TO SAVVY BOOKLET |

- The average woman puts hundreds of harmful, toxic chemicals on her skin every single day.
- Savvy Minerals simply offers **quality ingredients** to bring out the natural beauty in every woman.
- Every Savvy Minerals product is carefully crafted so you can **feel fabulous** about yourself and what you're putting on your skin.
- All of the products are developed with an unwavering standard of purity and quality, giving you a full variety of naturally derived products made **withOUT cheap fillers or synthetics**.

So, whats the big deal???

⚠ Here's the junk NOT included in Savvy Minerals:

- ✗ nano particles
- ✗ lead
- ✗ parabéns
- ✗ phthalates
- ✗ mercury
- ✗ mineral oil
- ✗ petrochemicals
- ✗ bismuth
- ✗ talc
- ✗ synthetic fragrances
- ✗ synthetic colorants & dyes
- ✗ No Gluten or soy

***Check your make up and if it has any of these ingredients throw it AWAY!!**

💖 What IS in Savvy Minerals:

- ✓ kaolin clay - nourishing & calming to skin; absorbs oil, heals acne/blemishes, great for sensitive skin
- ✓ jojoba oil
- ✓ mica
- ✓ aloe vera
- ✓ pure essential oils
- ✓ aspen bark extract - skin softening
- ✓ arrowroot powder
- ✓ sweet almond oil

Contact me to help you pick colors & get access to my private educational groups with tons of make up tutorials & tips

For more info check out:
tinyurl.com/yImakeup